

Spiritual
MILK
FOR
BABES.

Drawn out of the
Breasts of both Testaments,
for their souls nourishment : But
may be of like use for any
Children.

By JOHN COTTON, B. D.
and Teacher to the
Church of Boston in
New-England.

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M I L K

FOR

B A B E S.

Quest. **W**hat hath God done for you?

Ans. God hath made me, [a] He *a* Psal. 119
keepeth me, and he can save me. 73.

Quest. Who is God?

Ans. God is a spirit of [b] himself, *b* Psal. 120. 4
and for himself. 5, 6, 7, 8.

Quest. How many Gods be there? *b* Isa. 63. 16
Exod. 3. 14.

Ans. There is but one God in three
persons, [c] the Father, the Son, and *c* 1 Cor. 8.
the Holy Ghost. 6.

Quest. How did God make you? *c* 1 Joh. 5. 7.

Ans. In my first parents [d] holy *d* Gen. 1. 6
and righteous. 26, 27.

Quest. Are you then born holy and
righteous? *e* Eccles. 7. 29.

Ans. No, my first Father [e] sin- *e* Isa. 43.
ful, and I in him. 27.

A 2

Quest. *e* Ro. 12. 10.

Quest. Are you then born a sinner?

Ans. I was conceived in sin, and
f Psal. 51. 5 [f] born in iniquity.

Quest. What is your Birth-sin?

Ans. Adams sin imputed to me,
g Rom. 5. [g] and a corrupt nature dwelling in
12, 13 14. me.

Ep. 14. 12.

Quest. What is your corrupt nature?

Ans. My corrupt nature is empty
h Rom. 7. of [h] Grace, bent unto sin, and only
18. unto sin, and that continually.

Gen. 6. 5.

Quest. What is sin?

i 1 Joh. 3.
4.

Ans. Sin is the [i] transgression of
the Law.

Quest. How many Commandements
of the Law be there?

k Deut. 4.
13.

Ans. [k] Ten.

Qu. What is the first Commandment?

Ans. Thou shalt have no other
l Exo. 20. Gods but [l] me.

3.

Quest. What is the meaning of this
Commandment?

m Math. 4.
10.

Ans. That we should [m] worship
the onely true God, and no other be-
side him.

Qu. What is the second Commandment?

Ans. Thou shalt not [n] make to thy
n Exo. 20. self any graven image, &c.

4, 5.

Quest.

Q. What is the meaning of this Commandement?

Ans. That we should worship the true [o] God with true worship; Job. 4. 24
such as God hath ordained, not such Deu. 12. 32
as man hath invented. Mat. 15. 9.

Q. What is the third Commandement?

A. Thou shalt not take the name of the Lord thy God in vain, &c.

Q. What is here meant by the Name of God?

A. God [p] himself and the good p Deut. 28
things of God, whereby he is known 58.
as a man by his Name, as his Attri- Ex. 33. 19.
butes, worship, word, and works. with 34 6.
1 Kin. 9. 5.

Q. What is it not to take his Name in vain? Psa. 1. 8. 2.
Job 1. 21.

A. To make use of God, and the 7 2 Kings
good things of God, to his glory, I. 3.
and our [q] good; not vainly, not un- Lev. 20 2.
reverently, not unprofitably. Job 26. 24.
1 Cor. 10.

Q. What is the fourth Commandement? 31
Job 5. 27.

A. Remember that thou keep Deut. 8. 16
holy the [r] Sabbath day, &c. Jer. 2. 30.
Lev. 16. 1.

*Q. What is the meaning of this Com- Heb. 4 2.
mandement?* r Exo. 20.

A. That we should rest from labor 8, 9, 10, 11.

Isa 58. and much more from play on [s] the
 12, 13. Lords day; that we may draw nigh
 Exo. 32. 6. to God in holy duties.

Quest. What is the fifth Commandment?

Ans. Honor thy Father and thy
 Exo. 20 Mother, [t] that thy dayes may be
 12 long in the land, which the Lord thy
 Prov. 23. God giveth thee.
 22.

*Quest. Who are here meant by Fa-
 1 Kings 5. ther and Mother.*
 13. and 2.

Ans. All our Superiors, whether
 12. in [u] Family, School, Church, and
 1 Cor. 4. Common-wealth.
 15.

*Quest. What is the honour due to
 2 Chron. 29. 18. them?*

Ans. Reverence, [w] Obedi-
 1 Sa. 15. 8. ence, and (when I am able) Recom-
 Gen. 4. 20, pence.
 21.

*Quest. What is the sixth Command-
 Heb. 12. 9. ment?*
 Eph. 6. 1.

Ans. Thou shalt do no [x] mur-
 1 Tim. 5. 4 ther.
 Exo. 20. 13.

*Quest. What is the meaning of this
 9 Mar. 5. Commandment?*
 22.

Ans. That we should not shor-
 2 Cor 7. 10. ten the [y] life, or health of our
 1 Sam. 26. selves, or others, but preserve both.
 24. Mark 3. 4

Quest.

Quest. *What is the seventh Commandment?*

Ans. Thou shalt not commit [z] Adultery.

z Exo. 10.

Quest. *What is the Sin here forbidden?*

Ans. To defile our selves, or others [a] with unclean lusts.

a Gen. 9.

Quest. *What is the Duty here commanded?*

Lev. 10. 24

Ans. Chastity, to possess [b] our vessels in holiness and honor.

b Tit. 2. 5.

1 Pet. 3. 2.

Quest. *What is the eighth Commandment?*

1 Thel. 4.

4. 5.

Ans. Thou shalt not [c] steal.

c Exo. 20.

Quest. *What is the stealth here forbidden?*

Ans. To take away [d] another mans goods, without his leave, or to spend our own without benefit to our selves, or others.

d Luke 19

8.

1 Thel. 4. 6

Prov. 21.

20.

Quest. *What is the Duty here commanded?*

Ans. To get our goods [e] honestly, to keep them safely, and to spend them thrifly.

e Prov. 13

11.

Joh. 6. 12.

Luke 19.

16. & 15. 13

Quest. *What is the ninth Commandment?*

A 4

Ans.

f Exo. 20. 16. *A.* Thou [f] shalt not bear false witness against thy Neighbour.

Quest. What is the sin here forbidden?

p Ep. 4. 25. *Ans.* To [g] lye falsely, to think
Jer. 9. 4. 5. or speak untruly of our selves or o-
Josh 9. 23. thers.
Prov. 13. 7.

Quest. What is the duty here required?

b Ep. 4. 25 *A.* Truth [b] and faithfulness.

Mit. 23. 23 *Quest.* What is the tenth Command-
Ex. 20. 17. ment?

Rom. 7. 7. *A.* Thou shalt not covet, &c.

Hcb. 13. 5. *Quest.* What is the coveting here forbidden?

A. Lust after the things of other men; and want of contentment with our own.

Qu. Whether have you kept all these Commandements?

l Rom. 7. 14. & 3. 23. *Ans.* [l] No, I and all men are sinners.

Quest. What is the wages of sin?

m Jo. 6. 33 *Ans.* [m] Death and damnation.

& 2. 8, 9. *Quest.* How look you then to be saved?

n Acts 4. 12. *Ans.* [n] Only by Jesus Christ.

Quest. Who is Jesus Christ?

A. The

A. The eternal Son of God, who for our sakes [o] became man, that he might redeem and save us. o 1 Joh 3. 22.

Q. How doth Christ redeem and save us? Prov. 8. 23 24, 25.

A. By his righteous life, and bitter death, and glorious resurrection to life [p] again. Joh. 1. 14 2 Cor. 8. 9 Luke 1. 68 69, & 2. 11

Q. How do we come to have part and fellowship with Christ in his death and Resurrection? p Gal. 4. 4, 5. Mat. 20. 28.

A. By the power of his [q] Word and Spirit, which brings us to Christ and keeps us in him. Phil. 2. 7, 8 Rom. 4. 25 q John 17. 20, 21.

Q. What is his word?

A. The [r] Holy Scriptures of the Prophets and Apostles, the Old and New Testament, Law and Gospel. 2 Cor. 5. 10 1 Cor. 6. 17 r 2 Tim. 3. 15, 16.

Q. How doth the Ministry of the Law bring you toward Christ?

A. By bringing me [s] to know my sin, and the wrath of God against me for it. s Ro. 3. 20. Gal. 3. 10. 24.

Q. What are you thereby the nearer to Christ? Rom. 7. 9, 10.

A. So I come [t] to feel my cursed estate, and need of a Savior. t Gal. 3. 10 24.

Q. How

Quest. *How doth the Ministry of the Gospel, help you in this cursed Estate?*

u Luke 3. 4, 5, 6. **Ans^w.** By humbling me [*u*] yet more, and then raising me up out of this Estate.

Quest. *How doth the Ministry of the Gospel humble you more?*

w 2 Tim. 1. 10. 1 Tim 1. 15 John 16. 7 9. & 6. 44. Luke 19. 10. **Ans.** By revealing the [*w*] grace of the Lord Jesus, in dying to save sinners: and yet convincing me of my sin, in not believing on him, and of my utter insufficiency to come to him; and so I feel my self utterly lost.

Quest. *How then doth the Ministry of the Gospel raise you out of this lost estate, to come unto Christ?*

x Jo. 12. 31. 2 Cor. 5. 19, 20. Cant. 5. 10 to 16. with 6. 1. 2 Cor. 3. 28 Luk. 19. 13 Mat. 9. 10 Gal. 3. 5. Rom. 10 17. with 1 6. 1. **Ans^w.** By [*x*] teaching me the value and the vertue of the death of Christ, and the riches of the grace to lost sinners: By revealing the promise of grace to such, and by ministring the Spirit of grace, to apply Christ, and his promise of grace unto my self, and to keep me in him.

Quest. *How doth the Spirit of grace apply*

apply Christ, and his promise of grace y Rom. 10.
unto you, and keep you in him? 17. & 10.

Ans. By begetting in me [y] faith 14. Zach.
to receive him: Prayer to call upon 12. 10.
him: Repentance to mourn after Rom. 16.
him, and new obedience to serve him. 25, 26.
2 Cor. 10.

Quest. What is Faith?

Ans. Faith is a grace of [z] the 4, 5.
Spirit, whereby I deny my self, and 7 Phil. 1.
believe on Christs righteousness for 29. 2 Cor.
salvation. 4. 13. Phil.
3. 8, 9.
a Mar. 6. 9.
John 16.

Quest. What is Prayer?

Ans. It is calling upon [a] God 23.
in the name of Christ, by the help of Rom. 8.
the Holy Ghost, according to the 26, 27.
will of God. John 5. 14
b Acts 5.

Quest. What is Repentance?

Ans. Repentance is a [b] grace 31.
of the Spirit, whereby I loath my Zach. 12.
sins, and my self for them, and con- 10.
fess them before the Lord, and Ezck. 6. 9.
mourn after Christ for the pardon Job 42. 6.
of them, and for grace to serve him 2 Sam 24.
in newness of life. 10.
Levit. 26.
40. 41.
Prov 28.

Quest. What is newness of life, or
new obedience?

Ans. Newness of life is a [c] grace 13.
of the Spirit; whereby I forsake my 7ac. 12. 10
former 1 Sam. 7. 1.
c Psal. 51.
1, 2, 10.

R
1 om. 6. 7. former lusts and vain company, and
1 Pet. 4. 2, walk before the Lord in the light of
3. 4.
Psal. 116. his word, and in the communion
9. & 119. of his Saints.

9. 105. 113 Quest. *What is the Communion of*
8. 16. 31 *his Saints?*

d 1 Cor. 1. 2 A. It is [d] the fellowship of the
Phil. 1. 5. Church in the blessings of the cove-
Acts 2. 47. nant of Grace, and the seals thereof.

Rom. 9. 4. Q. *What is the Church?*
1 Cor. 12.

13. A. It is a Congregation of [e]
e Psal. 89. Saints joyned together in the bond
5. & 50. 5. of the Covenant, to worship the
16. Lord and to edifie another; in all his
Ezek. 20 holy Ordinances.
37.

Acts 2. 42. Q. *What is the bond of the Covenant,*
1 Cor. 14. *in which the Church is joyned together?*
23, 26.

f 2 Cor. 8. A. It is [f] the profession of that
5. & 9. 13. Covenant, which God hath made
Gen. 17. 7. with his faithful people, to be a God
g Josh. 24. unto them and to their seed.

15, 21, 24. Q. *What doth the Lord bind his peo-*
25. *ple to in this Covenant?*

2 Cor. 8. 5. A. To [g] give up themselves and
Eph. 5. 21. their seed, first to the Lord to be his
Neh. 9. 38. people, and then to the Elders and
with 10. brethren of the Church, to set for-
28, 29. 10 ward the worship of God, and the
34. mutual edification.

Q. *How*

Q. How do they give up themselves and their seed to the Lord?

A. By receiving through [b] faith *b Joh. 1. 12* the Lord and his Covenant, to *Gen. 17. 9,* themselves, and to their seed: And *10.* accordingly walking themselves, *Isa. 56. 6, 7.* and training up their Children in the *Gen. 18. 19* ways of his Covenant.

Q. How do they give up themselves and their seed to the Elders and Brethren of the Church?

A. By confession of their [i] sins, *i Mat. 3. 6.* and profession of their faith, and of *2 Cor. 9. 13* Acts 2. 38, their subjection to the Gospel of *39.* Christ. And so they and their seed *4 Rom. 4.* are received into fellowship of the *11. with* Church and the seals thereof. *Col. 2. 11,*

Q. What are the seals of the Covenant now in the days of the Gospel? *12.* *1 Cor. 11.*

A. Baptism [k] and the Lords Supper. *25.* *Heb. 10.* *22. & 12.*

Q. What is done for you in Baptism? *24.* *John 3. 5.*

Ans. In Baptism the washing *Ro. 6. 2, 3.* with water is a sign and seal of my *Act. 22. 16* washing with the blood and spirit of *Luke 3. 3.* Christ, and thereby of my ingrafting *1 Pet. 3.* into Christ: of the pardon and clean- *20, 21.* sing of my sins; of my rising up *1 Cor. 15.* *29.*

out

out of affliction : and also of my Resurrection from the death at the last day.

Quest. What is done for you in the Lords Supper ?

Ans. In the Lords Supper the receiving of the bread broken, and the [*m*] wine poured out, is a sign and seal of my receiving the Communion of the body of Christ broken for me, and of his blood shed for me ; And thereby of my growth in Christ ; of the pardon and healing of my sins ; of the fellowship of his Spirit ; of my strengthening and quickening in Grace : and of my sitting together with Christ on his Throne of Glory at the last Judgement.

Quest. What is the Resurrection from the dead, which was sealed up to you in Baptism ?

Ans. When [*n*] Christ shall come to his last Judgement, all that are in the graves shall rise again, both the just and unjust.

Qu. What is the last Judgment, which is sealed up to you in the Lords Supper ?

Ans.